



2012

Program Guide

16 and under

OVERVIEW

BAVA Philosophy

Bay Area Volleyball Academy is a community based volleyball club that aims to build character and develop sportsmanship among players, while providing solid instruction and a competitive atmosphere to maximize the potential in each athlete. As an instructional club, our goal is to teach each individual girl to excel by providing experienced and qualified coaches at every level. Our focus is to develop athletes to become the best that they can be, and to provide them with opportunities to reach their complete potential as a volleyball player.

Welcome from the BAVA Board!

The BAVA Board would like to welcome you to the 2012 BAVA season. We are excited about the opportunities BAVA has to offer for the upcoming season.

The Board positions are occupied by volunteers, current BAVA parents and community members, who strive to offer the best club volleyball program in which girls can participate.

We hope this guide will offer answers to many of your questions; however, please don't hesitate to contact BAVA with further questions, info@bayvolleyball.com.

There are many ways to find out information about BAVA:

1. Attend an information session
 - October 15, 3-4pm at MD Sportsplex (1031 Benfield Blvd, Millersville)
 - November 10, 7-8pm at SP Community Center (623 B&A Blvd, Severna Park)
2. Use the website (www.bayvolleyball.com)
3. Attend clinic
4. Come see us at tryouts

2012 Teams

For the 2011-2012 season, depending on the availability of coaches, availability of practice facilities, number of players trying out and selected in the various age groups, BAVA may field up to twelve teams among the age groups and player levels 12-18. (18 and under, 17 and under, 16 and under, 15 and under, 13 and under, 14 and under, 12 and under)



Member Club

TEAMS

BAVA's ability to offer teams in the 16's age group depend on the availability of coaches, availability of practice facilities, number of players trying out and selected in the various age groups. BAVA may field up to two teams in this age group.

At this level, BAVA club volleyball is competitive; it is not a recreational league. BAVA fields competitive teams, which requires a serious commitment from players and their families. There will be around 10 players selected per team.

There is an expectation of commitment from all players. Players are expected to attend all practices and tournaments with minimal absences throughout the season.

At the 16-1 level, BAVA will strive to increase exposure to college coaches for our players through travel for tournaments. Generally, these players will be looking to extend their volleyball career to the collegiate level. BAVA will be available for help in the recruiting process for playing volleyball in college. Higher level teams will practice 3 times per week and will have a more extensive travel, training, and practice schedule.

At the 16-2 level, players may not have an interest in pursuing collegiate volleyball. However, if there is an interest, BAVA will be available for help in the recruiting process. BAVA expects a commitment from all players to the team. This team will practice 2 time per week and will have tournaments located mostly within the Chesapeake Region.

PRACTICES

BAVA teams will practice 2-3 times per week. Players will also have the opportunity to attend skill clinic sessions throughout the season. Skill clinics are planned for Sunday afternoons; however, this may change due to facility availability and tournament schedules.

General Club Practice Times and Locations

Practices will begin the week of November 28th and end the week of Memorial Day. Practices during the winter holiday and spring break are dependent on coach and facility availability.

BAVA will have practices during the following times at the following facilities:

Site	Address	Sunday	Monday	Tuesday	Wednesday	Thursday
Truxtun Park Recreation Center	273 Hilltop Lane, Annapolis, MD 21403	1:00-3:00pm 3:00-5:00pm		6:00-8:00pm 8:00-10:00pm		6:00-8:00pm 8:00-10:00pm
Maryland Sportsplex	1031 Benfield Blvd, Millersville, MD 21108			6:00-8:00pm		6:00-8:00pm 8:00-10:00pm
Annapolis Area Christian School	716 Bestgate Rd, Annapolis, MD 21401		6:30-9:30pm	6:30-9:30pm	6:30-8:30pm	6:30-8:30pm
Severna Park Community Center	623 B&A Blvd, Severna Park, MD 21146		6:00-8:00pm 8:00-10:00pm		6:00-8:00pm 8:00-10:00pm	
Jones Elementary	122 Hoyle Lane, Severna Park, MD 21146			6:30-9:30pm		

Find out more details about the various facilities here: <http://bayvolleyball.com/directions.html>

Skill Clinics

Throughout the season, BAVA will provide time on Sunday afternoons for specific skill training. The clinics offered will be specific to both age and skill and all players are encouraged to take advantage of this additional training time.

Agility and Strength Training Program

BAVA and Athletic Performance, Inc. (API) work together to provide speed, agility, and strength training for our athletes. API sessions are included in Thursday evening practice times throughout the season (16-1 team only).

All BAVA athletes will have the option to train with API outside of BAVA if they choose (special rates are available for BAVA players). More information about API can be found here, www.athleticperformanceinc.com.

TOURNAMENTS

Weekend	Tournament	Location	16-1	16-2
January 8	BAVA tournament	TBD	✓	✓
January 15-16	MLK Classic	Lancaster, PA	✓	
January 28-29	Regional tournament	TBD		✓
February 5	BAVA tournament	Washington College	✓	✓
February 18-20	Capitol Hill Classic	Washington, DC	✓	✓
March 4	Regional tournament	TBD	✓	✓
March 10-11	Shamrock Festival	Roanoke, VA	✓	
March 17	BAVA tournament	Truxtun Park Rec Center		✓
March 31	BAVA tournament	Washington College		✓
March 31-April 2	Northeast Qualifier	Baltimore, MD	✓	
April 14	BAVA tournament	Truxtun Park Rec Center	✓	✓
April 22	CHRVA Regionals	TBD	✓	✓
May 5-6	MVSA Capital Classic	Germantown, MD	✓	✓
May 28-30	Happy Volley Championships	State College, PA	✓	✓

While BAVA is confident in the scheduling information provided above, please know the tournament schedule may change depending on numerous variables (facility availability, weather, etc.) Game play for the club season happens at tournaments. Tournaments are held on the weekends and are hosted by different clubs and organizations. There are various types of tournaments that BAVA teams will attend:

Regional Tournaments: Tournaments held within CHRVA (the Chesapeake Region). They can be anywhere in Delaware, Maryland, and Northern Virginia. They are typically 1 or 2 days per weekend. Sites for these tournaments will be published in December by the Region. BAVA does not have a role in determining the site locations for regional tournaments.

BAVA Regional Tournaments: We host tournaments during the season at Truxtun Rec Center, Washington College, and Northern High School. Hosting these tournaments offsets the costs each family pays. Helping run the tournaments is a required piece of the family service hours. All BAVA tournaments are 1 day per weekend.

National Tournaments: Tournaments include 2 or 3 days of play and may require an additional travel days. They are regularly scheduled on holiday weekends that may include Martin Luther King Day, President's Day, Easter (matches are played on Easter Sunday), and Memorial Day weekend.

Travel Accommodations

Hotel accommodations for players are included in their player dues. Travel and accommodations for other family members are the responsibility of each individual family. BAVA makes every effort to reserve blocks of rooms at hotels where the teams are staying for parents. Information for making hotel reservations is on the BAVA website. <http://www.bayvolleyball.com/tournaments.html>

COSTS

The BAVA season is funded through the team fees and fundraising at the club level.

- The team fees cover the following costs and expenses:
 - Uniforms (jerseys, spandex, bag, warm-up jacket and pants, warm-up shirt)
 - Practice ball (each athlete will be responsible for a practice ball for their team, replacement cost is \$40.)
 - Practice facility rental fees
 - Tournament entry fees
 - Specialty clinics and open gym time
 - Coaches' stipends and travel expenses
 - Player hotel expenses for designated travel tournaments
 - College recruiting process education (skills video, letters to coaches, etc.)
 - Club administration expenses
- Items not included in the overall cost:
 - USAV individual registration cost (done prior to tryouts)
 - Food during tournaments
 - Post-season (after May 31, 2011) play expenses

A deposit is due at tryouts, and remaining payments are due on the 15th of each month: December, January, February, and March (total of 5 payments). If there is no communication with the Treasurer about an alternative payment schedule or a payment being late: A \$25 late fee will be added for payments received after the 20th of the month. A \$50 late fee will be added for payments received after the first of the month following the due date.

If a player withdraws from a team, it does not exempt the family from their fiscal responsibility. Withdrawing after January 1 will require the remaining payments to be paid in full immediately. Withdrawing prior to January 1 will require a prorated amount be paid based on expenses at the beginning of the season. A collection agency will be used for delinquent accounts. BAVA does not issue refunds, unless a season-ending injury occurs, which would be reviewed by the Board on a case by case basis (important documentation will be required).

BAVA is still in the process of finalizing some contracts, which will affect the cost of the season. The final payment schedule will be posted on the BAVA website by November 1.
<http://www.bayvolleyball.com/payment-center.html>

Due Date	16-1	16-2
Deposit: by November 28	\$400	\$400
1 st payment: by December 15		
2 nd payment: by January 15		
3 rd payment: by February 15		
4 th payment: by March 15		